

Table of Contents

Introduction	5
Acknowledgments	7
A is for Felix Adanos <i>and</i> Amaze & Amuse, Applied Physics, & Audience	8
B is for Francis Brunn <i>and</i> Selma Braatz, Lottie Brunn, Balance, and Ball	10
C is for Paul Cinquevalli <i>and</i> for Cascade, Club, and Concentration	12
D is for Drop <i>and</i> for Dance, Discipline, and Document Progress	14
E is for the Elgins <i>and</i> for Egypt, Emotive Energy, and Endurance	16
F is for W. C. Fields <i>and</i> for Fallibility, Fitness, Flexibility, and Food	18
G is for Anthony Gatto <i>and</i> for Lucy Gillet, Kathi Gultini, and Globe	20
H is for Rudy Horn <i>and</i> for Hand Speed, Hooping, Humility, and Hydrate	22
I is for Sergei Ignatov <i>and</i> for Impossible, Indian Jugglers, Individuality, and Isolation	24
J is for Jenny Jaeger <i>and</i> for Jazz, Jongleur, and Juggling Festivals	26
K is for Bela & Kris Kremo <i>and</i> for Michael Kara, Aleksandr Kiss, and Ernst Kuhn	28
L is for Trixie Larue <i>and</i> for Gus & Ursula Lauppe, Harry Lind, and Albert Lucas	30
M is for Bobby May <i>and</i> for Michael Moschen, Manipulation, Mentor, and Music	32
N is for Howard Nichols <i>and</i> for Isaac Newton, Notation, and Numbers	34

O	is for Nikolai Olkhovikov	36
	... <i>and</i> for Observation, Obsession, and Oddball	
P	is for Gregori Popovich	38
	... <i>and</i> for Play, Practice, Props, and Public Speaking	
Q	is for Jian Ping Qian	40
	... <i>and</i> for Qualify and Quagga	
R	is for Enrico Rastelli	42
	... <i>and</i> for Ring, Rola-Bola, and Routine	
S	is for Severus Schaffer	44
	... <i>and</i> for Salerno, Sensational, Shower, and Strength	
T	is for Massimiliano Truzzi	46
	... <i>and</i> for Joe Taylor, Teamwork, and Tonga	
U	is for Umberto Schichholz-Bedini	48
	... <i>and</i> for Unicycle and Utopia	
V	is for Eva Vida	50
	... <i>and</i> for the Villams, Signor Vivalla, Vaudeville, and Venue	
W	is for the Wallastons	52
	... <i>and</i> for Wardrobe, Willie Wilson Theory, and Wire	
X	is for Fu Xiuyu	54
	... <i>and</i> for Xanthippe and X-Ray	
Y	is for Youna	56
	... <i>and</i> for Yahoo and Yonkers	
Z	is for Freddy Zay	58
	... <i>and</i> for Fudi & Suzanne Zsilak, and “In the Zone”	
	Learn the Basic 3-Ball Cascade Pattern	60
	Bibliography	62
	Internet Resources	62
	Content Sources & Photo Sources	63
	About the Author	64
	The Throwback Series	64

